

### DAY 01

|               |  |
|---------------|--|
| 09:00 – 18:00 | Check in opens at ??? – Flight no. ??? Departs from ???<br>Airport at ??? – Arrives in ???<br>Airport at ??? |
|               | NLS representative collects the group at the airport   |
|               | Travel to Newcastle by train/coach   |
| 18:30         | Host family collection from meeting point  |
| 19:00         | Host family evening meal   |

### DAY 03

|               |                                       |
|---------------|---------------------------------------|
| 08:50         | Meet at School                        |
| 09:00 – 12:30 | Football coaching from 9:00 to 12:30  |
| 12:30 – 14:00 | Lunch followed by free time           |
| 14:00 – 18:00 | Lessons from 14:00 to 18:00 (4 hours) |
| 18:00         | Host family evening meal              |

### DAY 02

|               |   |
|---------------|---|
| 08:50         | Meet at School  |
| 09:00         | Programme presentation  |
| 09:30 – 12:30 | Presentation by Football coach at 9:30, followed by coaching session until 12:30. |
| 12:30 – 14:00 | Lunch followed by free time   |
| 14:00 – 18:00 | Lessons from 14:00 to 18:00 (4 hours)   |
| 18:00         | Host family evening meal  |

### DAY 04

|               |   |
|---------------|---|
| 08:50         | Meet at Meeting point   |
| 09:00 – 13:00 | <b>Half day trip to Durham</b> – Depart to Durham at 09:00 - Durham city tour and Cathedral visit included – Return to Newcastle at 13:00 |
| 13:00 – 14:00 | LUNCH   |
| 14:00 – 18:00 | Lessons from 14:00 to 18:00 (4 hours)   |
| 19:00         | Host family evening meal  |

### DAY 05

|               |                                       |
|---------------|---------------------------------------|
| 08:50         | Meet at School                        |
| 09:00 – 12:30 | Football coaching from 9:00 to 12:30  |
| 12:30 – 14:00 | Lunch followed by free time           |
| 14:00 – 18:00 | Lessons from 14:00 to 18:00 (4 hours) |
| 18:00         | Host family evening meal              |



## DAY 06

|               |                                       |
|---------------|---------------------------------------|
| 08:50         | Meet at School                        |
| 09:00 – 12:30 | Football coaching from 9:00 to 12:30  |
| 12:30 – 14:00 | Lunch followed by free time           |
| 14:00 – 18:00 | Lessons from 14:00 to 18:00 (4 hours) |
| 18:00         | Host family evening meal              |

## DAY 07

|               |   |
|---------------|---|
| 08:15         | Meet at Newcastle Central Train Station   |
| 08:15 – 19:30 | <b>Full day trip to Edinburgh</b> - Depart to Edinburgh by train at 08:42 – Arrive in Edinburgh at 10:07<br>Edinburgh city tour - Free time for lunch and shopping - Edinburgh Castle visit - Depart from Edinburgh at 17:34 - Return to Newcastle at 19:19 |
| 20:00         | Host family evening meal  |

## DAY 09

|               |                                       |
|---------------|---------------------------------------|
| 08:50         | Meet at School                        |
| 09:00 – 12:30 | Football coaching from 9:00 to 12:30  |
| 12:30 – 14:00 | Lunch followed by free time           |
| 14:00 – 18:00 | Lessons from 14:00 to 18:00 (4 hours) |
| 18:00         | Host family evening meal              |

## DAY 11

|               |   |
|---------------|---|
| 08:50         | Meet at Meeting point   |
| 09:00 – 13:00 | <b>Half day trip to Tynemouth</b> - Tynemouth highlights and free time to go to the beach (if weather permits) – Return to Newcastle by 13:00 |
| 13:00 – 14:00 | LUNCH   |
| 14:00 – 18:00 | Lessons from 14:00 to 18:00 (4 hours)   |
| 19:00         | Host family evening meal  |



## DAY 08

|               |  |
|---------------|--|
| 08:45         | Meet at Meeting point  |
| 09:00 – 18:00 | <b>Full day excursion to BEAMISH OPEN MUSEUM</b><br>Depart to Beamish by bus - Beamish visit and free time for lunch<br>Return to Newcastle at 18:00 |
| 18:00         | Host family evening meal   |



## DAY 10

|               |                                       |
|---------------|---------------------------------------|
| 08:50         | Meet at School                        |
| 09:00 – 12:30 | Football coaching from 9:00 to 12:30  |
| 12:30 – 14:00 | Lunch followed by free time           |
| 14:00 – 18:00 | Lessons from 14:00 to 18:00 (4 hours) |
| 18:00         | Host family evening meal              |

## DAY 12

|               |                                       |
|---------------|---------------------------------------|
| 08:50         | Meet at School                        |
| 09:00 – 12:30 | Football coaching from 9:00 to 12:30  |
| 12:30 – 14:00 | Lunch followed by free time           |
| 14:00 – 18:00 | Lessons from 14:00 to 18:00 (4 hours) |
| 18:00         | Host family evening meal              |

## DAY 13

|               |                                       |
|---------------|---------------------------------------|
| 08:50         | Meet at School                        |
| 09:00 – 12:30 | Football coaching from 9:00 to 12:30  |
| 12:30 – 14:00 | Lunch followed by free time           |
| 14:00 – 18:00 | Lessons from 14:00 to 18:00 (4 hours) |
| 18:00         | Host family evening meal              |

## DAY 15

|               |  |
|---------------|--|
| 08:50         | Meet at meeting point  |
| 09:00 – 18:00 | Morning cinema visit followed by a football game (Newcastle or Sunderland Stadium) |
| 18:00         | Host family evening meal   |



## DAY 18

|               |  |
|---------------|--|
| 08:50         | Meet at Meeting point  |
| 09:00 – 13:00 | <b>Half day trip to Bamburgh Castle</b> – Return to Newcastle by 13:00 |
| 13:00 – 14:00 | LUNCH  |
| 14:00 – 18:00 | Lessons from 14:00 to 18:00 (4 hours)                                  |
| 18:00         | Host family evening meal   |

## DAY 14

|               |   |
|---------------|---|
| 08:30         | Meet at Newcastle Central Train Station   |
| 09:00 – 18:40 | <b>Full day Trip to York</b> - Train departs to York at 9:01 – Arrive in York at 09:55 - York City Tour - LUNCH - York highlights – Free time |
|               | Depart York at 17:35 – Arrive in Newcastle at 18:38   |
| 19:00         | Host family evening meal  |

## DAY 16

|               |                                       |
|---------------|---------------------------------------|
| 08:50         | Meet at School                        |
| 09:00 – 12:30 | Football coaching from 9:00 to 12:30  |
| 12:30 – 14:00 | Lunch followed by free time           |
| 14:00 – 18:00 | Lessons from 14:00 to 18:00 (4 hours) |
| 18:00         | Host family evening meal              |

## DAY 17

|               |                                       |
|---------------|---------------------------------------|
| 08:50         | Meet at School                        |
| 09:00 – 12:30 | Football coaching from 9:00 to 12:30  |
| 12:30 – 14:00 | Lunch followed by free time           |
| 14:00 – 18:00 | Lessons from 14:00 to 18:00 (4 hours) |
| 18:00         | Host family evening meal              |

## DAY 19

|               |                                       |
|---------------|---------------------------------------|
| 08:50         | Meet at School                        |
| 09:00 – 12:30 | Football coaching from 9:00 to 12:30  |
| 12:30 – 14:00 | Lunch followed by free time           |
| 14:00 – 18:00 | Lessons from 14:00 to 18:00 (4 hours) |
| 18:00         | Host family evening meal              |



## DAY 20

|               |   |
|---------------|---|
| 08:50         | Meet at School  |
| 09:00 – 12:30 | Football coaching from 9:00 to 12:30                        |
| 12:30 – 14:00 | Lunch followed by free time                                 |
| 14:00 – 18:00 | Lessons from 14:00 to 18:00 (4 hours) & course certificates |
| 18:00         | Host family evening meal                                    |

## DAY 21

|               |  |
|---------------|--|
| 05:30         | Meet at Meeting Point  |
|               | Departing Newcastle at 6am arriving in London at 9am   |
| 06:00 - 22:00 | <b>Full day trip to London-</b><br>Buckingham Palace, Leicester Square, Piccadilly Circus, Trafalgar Square, Horse Guards Parade, Downing St., Westminster Abbey, Big Ben, China Town, Covent garden |
|               | Return on a train departing London at 19:00 - Arriving in Newcastle at 22:00   |
| 22:00         | Host families collection from train station  |
| 22:30         | Host family evening meal   |



## DAY 22

|               |  |
|---------------|--|
| 08:50         | Host families drop off at Newcastle Central Station  |
| 09:00 – 21:00 | Travel to airport by train–<br>Check-in opens at ??? –<br>Flight no. ??? Departs from<br>??? Airport at ??? – Arrives in<br>??? Airport at ??? |



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## PLEASE NOTE

The programme includes host family accommodation, breakfast and dinner included, all clothing for the football coaching, all course materials, and train tickets.

Timings of tours and activities may change based on availability of teachers and tour guides.